

WORLD BLOOD DONOR DAY
14 JUNE 2024



Share life, give blood

We are the *pulse*

#Donate blood. Save lives



Celebrating a Lifetime of Giving. Thank You, Blood Donors.

TELL US YOUR STORY

biography



Maleeha Moosa
Blood Donor

My name is Maleeha Moosa. I'm 17 years old, and my blood type is O+. I donate at Kingsmead College. Due to its high demand, my blood type is the first to run out during a shortage. This is critical in trauma care, as people with Type O can only accept blood from O- or O+ donors.

Anyone in good health who is above the age of 16 and weighs more than 50kg should donate blood. Donating blood is a simple yet selfless act that can have a profound impact on the lives of others. By donating blood, we can make a tangible difference in our communities and help save lives. Every day, people rely on blood transfusions to survive, making the demand for blood constant.

Every time I've donated blood, the SANBS process has been seamless. It takes about 15 to 20 minutes, and the staff is always friendly and professional. I donate blood because I know it helps save three lives, and my grandfather inspired me to do it to help serve the community. I encourage everyone to give it a try.

There are three types of blood donations: Your whole blood could be utilised by giving one bag of blood, or you can donate platelets or plasma. My blood could be used to treat a variety of patients and casualties, such as:

- Trauma and injury patients
- Cancer patients
- Blood disorders
- Pregnancy and childbirth

Donations can be made as frequently as every two months; we're needed to save lives.

#WeAreThePulse #YourBloodSavesLives.